

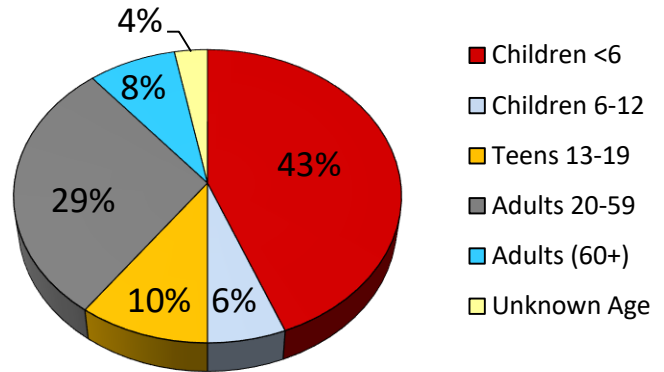


Self-poisoning is now the leading cause of suicide attempts among adolescents, especially girls. **Suicide** is now the second leading cause of death during the Teen years. The Iowa Poison Control Center is one of 55 accredited centers in the U.S. providing free, confidential, and expert medical advice via the **Poison Help line, 1-800-222-1222.**

**Who?**

**Who needs Poison Help?** Anyone can experience a poison emergency. In FY 2019, just under half of the cases managed by the Iowa Poison Control Center involved children younger than six years old, but most of the more serious cases occurred among teens and adults.

**Age Distribution of Human Exposures**



**30% of exposure calls to the IPCC came from healthcare providers**

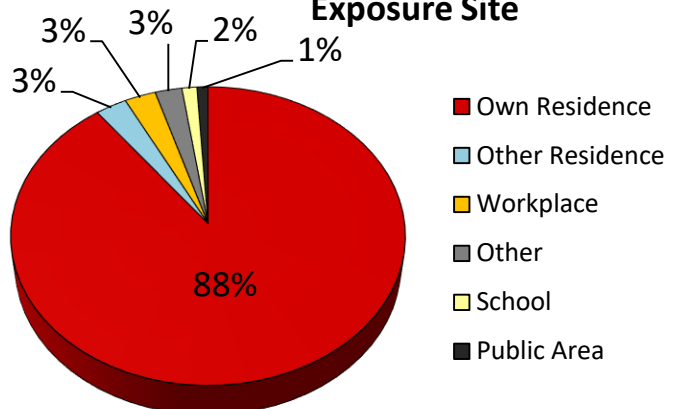
**When someone calls the poison center, who answers the phone?** Poison center cases are managed by medical experts – doctors, nurses and pharmacists who are uniquely trained to assess, triage and manage poison information and exposure calls.

**The IPCC answers nearly 100 calls per day**

**What?**

**What to expect when calling the Poison Help line?** Your call will be answered by a Specialist in Poison Information who will determine how serious the situation is and guide you through treatment recommendations. Your phone number may be obtained for follow-up. If you are referred to a hospital, the IPCC will partner with the health care providers managing your care and continue to make recommendations, as necessary.

**Exposure Site**



## When?

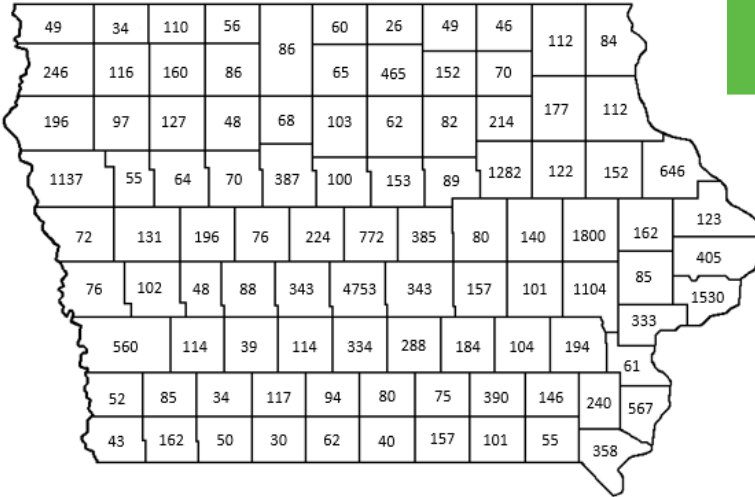
**Iowa Poison Control Center Experts** answer calls 24 hours a day, 7 days a week, every day of the year. Higher call volumes are observed in the summer months. The busiest time of day is the evening between 5-10 p.m.

## Where?

**Where are the poisoning cases managed?** In FY 2019, over 86% of calls from the public were managed on-site preventing unnecessary trips to the ER. Studies show if the IPCC wasn't available, 73% would go to ER.

### Serving All 99 Counties

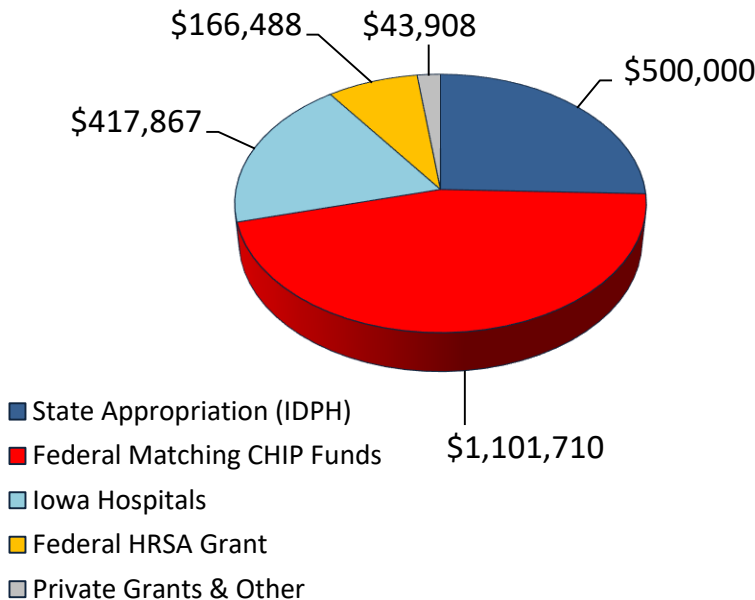
Poison center utilization and awareness of its services directly results in decrease injury or deaths and reduces unnecessary ER visits.



Estimated annual cost **savings to lowans** is more than \$12 million. IPCC staff prevented nearly 14,500 ER visits and saved nearly \$6 million in Medicaid savings last year alone.

**Every \$1 invested in the IPCC saves at least \$13 in medical costs**

### Public-Private Partnership



### Top 10 Substance Categories

#### All Ages

Pain Relievers	10.9%
Antidepressant	7.9%
Sedative/Hypnotics/Antipsychotics	7.5%
Household Cleaning Products	6.4%
Cosmetics/Personal Care	5.4%
Cardiovascular Drugs	4.6%
Antihistamines	4.5%
Alcohols	3.6%
Foreign Bodies/Toys/Misc.	3.2%
Pesticides	2.9%



**Savings Lives. Saving Money.**

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